# Authors' Reply to: Techniques to Teach Students Effectively Using Telemedicine. Comment on "Incorporating Medical Students Into Primary Care Telehealth Visits: Tutorial"

# Aanika Balaji<sup>1,2\*</sup>, MD, MHS; Sarah Lou Clever<sup>1\*</sup>, MD, MHS

<sup>1</sup>Johns Hopkins University School of Medicine, Baltimore, MD, United States

<sup>2</sup>Department of Medicine, Johns Hopkins University, Baltimore, MD, United States

<sup>\*</sup>all authors contributed equally

#### **Corresponding Author:**

Sarah Lou Clever, MD, MHS Johns Hopkins University School of Medicine 1600 McElderry Baltimore, MD, 21287 United States Phone: 1 4109555000 Email: <u>sclever@jhmi.edu</u>

#### **Related Articles:**

Comment on: <u>https://mededu.jmir.org/2021/2/e24300</u> Comment on: <u>https://mededu.jmir.org/2022/1/e30703</u>

# Abstract

## (JMIR Med Educ 2022;8(1):e37401) doi: 10.2196/37401

## **KEYWORDS**

medical student; education; primary care; telehealth; video visits; internal medicine; medical education; teleconsultation; digital health; COVID-19; teaching; telemedicine; clerkships

We appreciate the comments by Kandola and Minhas [1] on our paper [2] and their perspective on telemedicine as senior medical students. We wanted to comment on the additional recommendations the authors suggested.

#### See One, Do One, Teach One

We agree with the approach of first observing visits to understand the flow and format; then conducting a visit with the preceptor in the room for immediate feedback and support if needed; and finally, conducting visits independently, then presenting an assessment and plan to the preceptor outside the room. Importantly, discussing the flow prior to the clinic day sets expectations, allows the student to prepare appropriately, and permits for structured feedback to be given [3,4]. As described by Dornan et al [3], the student can progress through passive observation to active observation to participation to appropriate independence. Teleclinics are perfect opportunities for students to practice and advance through each of these stages.

## **Early Patient Calls**

In this approach, the student would call patients in the morning and formulate a concise history, assessment, and plan. Some considerations for this model are whether patients are available in the morning. Patients often choose telemedicine appointments to reduce travel time and fit in appointments between busy work schedules [5,6]. These patients may not be amenable to two encounters for one visit. However, permission could be established prior to students contacting the patients.

An additional consideration is whether telemedicine clinics should mirror outpatient clinics. In an in-person clinic, the student would see patients independently and quickly formulate their thoughts to present to their preceptors during each patient visit. The immediate feedback from the preceptor is lost in this telemedicine clinic format. However, calling patients early then presenting these batched visits to the preceptor later could be used at the start of a telemedicine rotation. This way, students have more time with each patient early on and can aim to transition into the telemedicine clinic with their preceptor to conduct the first portion of the visit.



#### JMIR MEDICAL EDUCATION

As medical institutions are becoming more comfortable with and adept at telemedicine, there are multiple successful ways to engage learners. With the increased use of telemedicine, it is imperative learners are exposed to this platform to deliver care early in their training.

# **Conflicts of Interest**

None declared.

#### References

- Kandola H, Minhas S. Techniques to Teach Students Effectively Using Telemedicine. Comment on "Incorporating Medical Students Into Primary Care Telehealth Visits: Tutorial". JMIR Med Educ 2022 Feb 21 [FREE Full text] [doi: 10.2196/30703] [Medline: 35191846]
- Balaji A, Clever SL. Incorporating Medical Students Into Primary Care Telehealth Visits: Tutorial. JMIR Med Educ 2021 May 28;7(2):e24300 [FREE Full text] [doi: 10.2196/24300] [Medline: 33974552]
- 3. Dornan T, Scherpbier A, Boshuizen E. Supporting medical students' workplace learning: experience-based learning (ExBL). The Clinical Teacher 2009;6(3):167-171. [doi: 10.1111/j.1743-498X.2009.00305.x]
- Saba GW, Chou CL, Satterfield J, Teherani A, Hauer K, Poncelet A, et al. Teaching patient-centered communication skills: a telephone follow-up curriculum for medical students. Med Educ Online 2014;19:22522 [FREE Full text] [doi: 10.3402/meo.v19.22522] [Medline: 24767705]
- 5. Graetz I, Huang J, Muelly E, Gopalan A, Reed ME. Primary Care Visits Are Timelier When Patients Choose Telemedicine: A Cross-Sectional Observational Study. Telemed J E Health 2022 Feb 03. [doi: <u>10.1089/tmj.2021.0528</u>] [Medline: <u>35119316</u>]
- Reed ME, Huang J, Graetz I, Lee C, Muelly E, Kennedy C, et al. Patient Characteristics Associated With Choosing a Telemedicine Visit vs Office Visit With the Same Primary Care Clinicians. JAMA Netw Open 2020 Jun 01;3(6):e205873 [FREE Full text] [doi: 10.1001/jamanetworkopen.2020.5873] [Medline: 32585018]

Edited by T Leung; this is a non-peer-reviewed article. Submitted 19.02.22; accepted 21.02.22; published 11.03.22.

<u>Please cite as:</u> Balaji A, Clever SL Authors' Reply to: Techniques to Teach Students Effectively Using Telemedicine. Comment on "Incorporating Medical Students Into Primary Care Telehealth Visits: Tutorial" JMIR Med Educ 2022;8(1):e37401 URL: <u>https://mededu.jmir.org/2022/1/e37401</u> doi: <u>10.2196/37401</u> PMID: <u>35191840</u>

©Aanika Balaji, Sarah Lou Clever. Originally published in JMIR Medical Education (https://mededu.jmir.org), 11.03.2022. This is an open-access article distributed under the terms of the Creative Commons Attribution License (https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work, first published in JMIR Medical Education, is properly cited. The complete bibliographic information, a link to the original publication on https://mededu.jmir.org/, as well as this copyright and license information must be included.

